

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Chippenham Leg Club		
Organisation	On behalf of the 3 Chippenham Practices		
Address	Hathaway Medical Centre, Rowden Surgery and		
	Lodge Surgery		
Phone number	01249 462775 – Hathaway Medical Practice		
Email address	Kim.hiles@nhs.net (Manager)		

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£3,328
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	Χ

4.	If ves. i	olease stat	e why this	project	cannot be	funded	from the	Parish Pr	ecept?
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4. If yes, please state why this project cannot be funded from the Farish Freeept.

5. Project title?

Chippenham Leg Club Pilot Project

6. Project summary: (100 words maximum)

Leg clubs are a research based initiative which provide community-based treatment, health promotion, education and ongoing care for people of all age groups who are experiencing leg related problems. The leg club nursing teams are employed by the GP practice/NHS local providers and incorporate the leg club in to their everyday practice working in a unique partnership with patients (members) and the local community.

Working to best practice guidelines they provide a high standard of care in a local, social and friendly setting that promotes understanding, peer support and informed choice. No appointments are required and members can drop in to chat over a cup of tea or coffee while awaiting treatment.

Leg clubs are characterised by four binding principles

- A non-medical setting sports clubs/village halls etc.
- Informal open access, no appointment required. This encourages opportunistic attendance for information and advice, providing greatly increased opportunities for early

- diagnosis and leg ulcer prevention and helps isolated older people reintegrate in to their community and help reduce and prevent avoidable admissions to acute settings.
- Collective treatment people can share their experience, gaining peer support and encouraging them to take ownership of their treatment
- Integrated "well leg" regime supporting maintenance of healthy legs, positive health beliefs and health promotion

7.	Which	Area	Board	are	you	applying	to?
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Chippenham	-
Chippenham	

8. What is the Post Code of the place where your project is taking place?

SN15 1NH Chippenham Sports Club

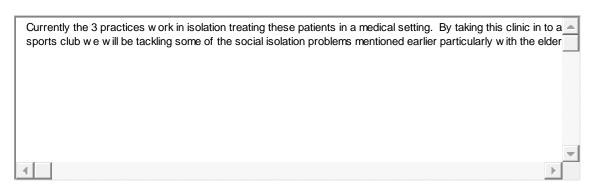
9. Please tell us which themes best describe your project:

	Intergenerational projects Older People Support/Activities Carers Support/Activities Promoting physical and mental wellbeing Combating social isolation Promoting cohesive/resilient communities Arts, crafts and culture Safer communities	initi	Heritage, history and architecture Inclusion, diversity and community spirit Environment, recycling and green atives Sport, play and recreation Transport Technology & Digital literacy Other
If Ot	her (please specify)		

10. About your project

Please tell us about your project (a strong application will address all of the following):

How does your project support local needs and priorities?



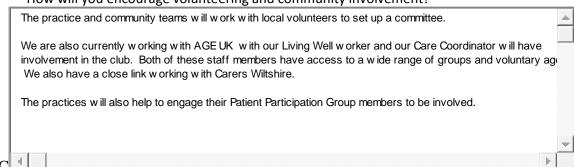
Chippenham practices currently treat around 80 patients persession with leg ulcers with additional patients on t skin and leg checks and doppler assessments.

Hathaw ay Surgery is currently working with Age UK to integrate the toe nail cutting service in to the club who additional patients.

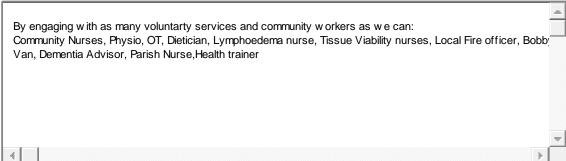
We aim to engage a working group, arts and crafts group and volunteers to assist with refreshments and social activities.

We are also forging a close working relationship with a care agency who has expressed an interest of working

How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



How will you work with other community partners?

By engaging with all the above and inviting them along to the leg club on a regular basis to perform assessments help engage with the members

11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

All practice staff have undergone safeguarding training ranging from level 1-3 depending on their job role. All surgeries have a safeguarding lead GP and a deputy and all staff undertake regular updates. We have clear pathw ays for referring in to the safeguarding team, MASH (Multi agency safeguarding hub) and staff and volunt who have been risk assessed and require a DBS check have undergone one.		
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4	pathways for referring in to the safeguarding team, MASH (Multi agency safeguarding hub) and staff and voluntee who have been risk assessed and require a DBS check have undergone one.	
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12. Monitoring your project.

How will you know if your project has been successful? *required field

In most countries around the world the average lifetime of a leg ulcer is 12 months with a recurrence rate of The Lindsay leg club network has over 10,500 members in 30 clubs in the UK alone, and has been amassing measuring healing outcomes and recurrence rates since its inception.

At the end of 2013 these rates were calculated for all UK based leg clubs, with healing reported after 24,48, 96 weeks of treatment, while recurrence was calculated at 24 and 48 weeks.

"Recurrence rates in leg clubs were markedly lower than reported in non-leg club settings" concluded Profes Michael Clark who performed the analysis. In fact at 12.5%-15.8%, recurrence levels were just half the natic average of 26-33% (with good concordance to treatment) and 56% (poor concordance to preventive care) a reported by Voden and Vow den (2006)

There are various papers and references available for the effectiveness and cost savings on nursing time

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

Follow ing the set up of the club, w hich w ill have a committee, the club w ill become largely self run and financed throsteering committee and volunteer team w hich w ill be recruited. A fundraising committee w ill apply for national fundir	- 4	
organise local fundraising events.		
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14. If this application forms part of a larger project (e.g. a community navigation project), please state what this project is and approximately how much the overall project will cost



15.Finance:

15a. Your Organisation's Finance:

Your latest acc	counts:	
Month	Year	_
Total Income:		

Total Expenditure:				
f l				
Surplus/Deficit for t	he year:			
f Free reserves currer	ntly held:			
(money not commit	-	r projects/oper	ating costs)	
f				
sade and the second				
Why can't you fund	tnis project	t from your rese	erves:	_
				<u> </u>
4				<u> </u>
We are a small cor	nmunity gr	oup and do no	ot have annual	accounts or it is our first year:
15b. Project Finance	: :			
Total Project cost		f 3,328		
Total required from	Area Board	f 3,328		
Expenditure	£	Income	£	Tick if income confirmed
NB. If your organisa reclaims VAT you sh				
exclude VAT from th		(Planned Inco	me <u>help</u>)	
expenditure	ata la alas			
(Planned project cos				Ī
o months nairrentai	3,328			
				_
		r'		
		I		
Total	3.328	Total		

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

	0	Yes
	•	No
		ase list which area boards you are intending to apply, including this one (You can apply to a simum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.
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18.	DEC	CLARATION
		porting information - Please confirm that the following documents will be available to inspect n request (You DO NOT need to send these documents to us):
(Quo	etes:
	⊽ proj	I will make available on request 1 quote for individual project costs over £500 $\&$ 2 quotes for ect costs over £1000 (Individual project costs are listed in the expenditure section above)
ı	Proj	ect/Business Plan:
		For projects over £50,000: I will make available on request a project or business plan (including mates) for projects where the total project cost (as declared in the financial section above) eeds £50,000 (tick only when total project cost exceeds £50,000).
4	Acco	ounts:
		I will make available on request the organisation's latest accounts
(Con	stitution:
	V	I will make available on request the organisation's Constitution/Terms of Reference etc.
١	Poli	cies and procedures:
1		I will make available on request the necessary and relevant policies and procedures such as Child ection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and ronmental assessments.
		er supporting information (Tick where appropriate, for some project these will not be licable):
	V	I will make available on request evidence of ownership of buildings/land
		I will make available on request the relevant planning permission for the project.
	rece	I will make available on request any other form of licence or approval for this project has been eived prior to submission of this grant application.
1	And	finally
	▽ activ	I confirm that the information on this form is correct, any award received will be spent on the vities specified.